

## Disease-Related Hair Loss

Hair loss is a common condition that affects many men as well as women. Often it is merely attributed to genetics and or a hormonal change in one's body. However, hair loss can also be a result from other factors that should be taken into consideration before you simply chalk it up to genetics. It is possible to suffer hair loss as a result of a side effect from another disease or a result from surgery. Hair loss can also have dietary factors. It is important to be knowledgeable about the effects that disease or surgery may have on your hair. You will then be able to take the proper steps in regaining your hair.

Skin disease is the first major cause of hair loss. There are a variety of skin diseases that will result in the loss of nutrients, minerals, and supplements cause the hair to fall out rapidly. These skin diseases usually cause hair loss in one of two ways. They either cause hair loss as a reaction to the mechanisms of the immune system or because the disease causes a lack of available nutrients for the hair. Additionally, diseases such as lupus, cancer, diabetes can also lead to hair loss. In the course of all three of these diseases, hair loss is a very likely side-effect. Because the disease creates a resulting nutrient imbalance, a side effect is hair loss. This side effect is particularly common when the problem is more severe.

When you suffer hair loss as a result of disease or surgery, it is typically either a side effect of the disease, or from excess surgery or disease-related stress. This is especially common in reaction to major surgery. In other instances, the hair loss may result from the surgical procedure. Disease treatments such as chemotherapy also commonly cause temporary hair loss.

No matter what the disease, disease-related hair loss is normally temporary. Generally when the disease is cured and your body regains its proper nutrient and hormone balance, the hair begins to grow back at a normal rate. It does take time, however, for the proteins and nutrients to begin to affect your hair growth. It is very common to take between four to six months before you regain a moderate amount of your hair. Making sure that you are maintaining your proper nutrient balance that and taking care of your scalp will help to ensure sufficient hair growth.